



Sue Wright

IMPORTANT INFORMATION

PLEASE RETAIN FOR FUTURE REFERENCE

Please see below for a list of **What to avoid** on the day of your appointment for Thermal Imaging

general

- Massage, Physio or cupping - for at least 2 days prior
- Lotions or powders
- Make-up if scanning the upper body of Region of Interest (ROI)
- Smoking - for at least 2 hour prior
- Hot drinks (**especially coffee** or tea) or spicy food - for **at least 2 hours prior**
- Stimulant drinks (cola, alcohol)
- Excessive exercise (gym, Sports, walks)
- Sun exposure (solariums)
- Perfume
- Tight clothing (loosen bra or come without. Loosen waist bands)

men

- Please wear speedos not boxers

other information

- No changes required for medicines
- Patients may wear deodorant
- Nursing mothers - Must be 6 Months clear of breastfeeding

Imaging cannot be performed if these requirements are not met

<http://suewright.com.au/>